



**Down Syndrome  
Connection**  
OF NORTHWEST ARKANSAS

# DSCNWA Lending Library

Book Title	Author	Published	Category	Description
47 Strings	Becky Carey	2012	Children's Book	Tessa's Special Code tells the moving story of an older sibling learning about his new baby sister's Down syndrome diagnosis. The beautifully illustrated book not only educates readers about Down syndrome, but also teaches children that we are all more alike than we are different.
All Kinds of Wonderful	Nancy Tillman	2017	Children's Book	We're not all the same. Thank goodness we're not. Life would be boring, and I mean... a lot. And so, when we're born, we're supplied at the start with our own bells and whistles to set us apart. Part of growing up is discovering—and embracing—what makes us unique. From different abilities to different personalities, we are all wonderfully made with our own bells and whistles.
Eli Included	Michelle Sullivan	2019	Children's Book	This book is to help the next generation see that everyone has value and something to offer.
The Best Worst Brother	Stephanie Stuve-Bodeen	2005	Children's Book	Endearing and realistic look at how a relationship evolves between a typically developing older sister and her younger brother with a developmental disability. It also shows how sign language can help a child that acquires speech more slowly.
The Crown On Your Head	Nancy Tillman	2014	Children's Book	We know our children are special, and now this universal feeling is shown in the most touching of ways: Every child is born with a crown. The crown is everything that gives us unique value. Our crown will always be with us wherever we go, whatever we do.
We'll Paint the Octopus Red	Stephanie Stuve-Bodeen	1998	Children's Book	About a girl named Emma ready to be a big sister. When baby is born she learns her brother has Down syndrome. Finally she asks, "If Isaac has this Down thing, then what can't he do?". With help and patience, there probably isn't anything Isaac can't do. The book concludes with a set of commonly asked questions about Down syndrome with answers for children and how it might affect their sibling and family.
Why Are You Looking At Me? I Just Have Down Syndrome	Lisa Tompkins	2013	Children's Book	This story is about the life of a child with Down Syndrome that wants to be your friend. Lynn may look different than most children, but has many of the same likes and dislikes. Help your child discover what it means to accept and embrace a relationship with people who are different.

Book Title	Author	Published	Category	Description
Babies with Down Syndrome: A New Parents' Guide	Susan J. Skallerup	2008	Educational	Covering the best practices for raising and caring for children with Down syndrome through age five, this book is invaluable to new parents who have welcomed a baby with Down syndrome into their lives. This new edition incorporates the latest scientific, medical, educational research, and practical information available, as well as parents' suggestions and feedback.
Down Syndrome Parenting 101- Must-Have Advice for Making Your Life Easier	Natalie Hale	2011	Educational	Offers inspired takes on a host of important issues, from learning to recognize and celebrate your child's personality and gifts to finding a great teacher for him, and from insisting your child pull his own weight to giving your child his space as an adult.
Fine Motor Skills for Children with Down syndrome- 2nd Edition	Maryanne Bruni		Educational	Knowledge as therapist and parent of child with Down syndrome... Guide listing developmental sequences step by step for scissors and handwriting skills helps me explain to parents what to work on at home and what to expect next.
Supporting Positive Behavior in Children and Teens with Down syndrome- The Respond but Don't React Method	David Stein	2016	Educational	Examines how the brain of a person with Down syndrome works, how those differences impact behavior, and why bad behavior should not be viewed as a willful act. Governed by this new awareness, parents are in a better position to change and manage their child's behavior
Teaching Children with Down Syndrome about their Bodies, Boundaries and Sexuality	Terri Couwenhoven	2007	Educational	Drawing on her unique background as both a sexual educator and mother of a child with Down syndrome, the author blends factual information and practical ideas for teaching children with Down syndrome about their bodies, puberty, and sexuality. This book gives parents the confidence to speak comfortably about these sometimes difficult subjects.
The Boys Guide To Growing Up	Terri Couwenhoven	2012	Educational	Written at 3rd grade reading level for ages 9-16 with intellectual disabilities. The book's succinct text, realistic illustrations, and learning activities enable boys to read the book themselves or follow along with the aid of an adult. Its reassuring, matter-of-fact tone shows boys what changes--inside and out--to expect during puberty, and how to manage them
The Girls Guide to Growing Up	Terri Couwenhoven	2011	Educational	Written on a 3rd reading level for preteens or young teenaged girls to read by themselves or with a parent, it's filled with age-appropriate facts, realistic illustrations and photos, icons, and a Q&A. Advises girls about their changing bodies, privacy issues, and how to feel their best,
The Parents Guide to Down Syndrome	Jennifer Jacob & Mardra Sikora	2016	Educational	2 authors tell their experience with Ds with expert advice from diagnosis to adulthood. Each page teaches you ways to support your child through major milestones; nurture their development; and ensure that they succeed behaviorally, socially, and cognitively. You'll also find valuable information on: sharing the news with loved ones, transitioning schools, developing social skills and discussing future opportunities like employment and housing options.
First Steps	DSCNWA	2021	Educational and Inspirational	Medical Questions, State Resources, Early Intervention, DSCNWA Programs and supports, Personal stories from NWA families
Common Threads	Cynthia S Kidder & Brian G Skotko	2001	Inspirational	Take heart in the accomplishments of 59 persons with Down syndrome from across the U.S. and Canada, all chronicled in this unique and inspiring book.

Book Title	Author	Published	Category	Description
Congratulations Project		2018	Inspirational	The Congratulations Project book highlights the handwritten, original words of young adults with Down syndrome writing to new parents of babies with the same diagnosis.
Gifts 2	Kathryn Lynard Soper	2009	Inspirational	Gifts 2 helps us see that the hopes and dreams family and friends have for a child with Down syndrome are similar to the ones we have for any child. And, more often than not, expectations are fulfilled--if not always the way we anticipated they would be.
What I Want You To Know	R A Hudson	2008	Inspirational	This adorably illustrated book is written as notes from a child with Down syndrome. Directed to the new parents, it brings humor and insight to what can be a confusing, stressful time. The simple, comforting messages are heartwarming and delightful.
A Parents Guide- Civil Rights/Education		2001	Legal	
From Emotions to Advocacy- 2nd Edition	Peter W. D. Wright and Pamela Darr Wright Page	2007	Legal	Great resource when preparing for IEP or 504s. Note though: this book was published before the ADA Amendment Act of 2008 and doesn't reflect how that act impacted section 504-. The office of civil rights web site has up to date information.
Special Education Law			Legal	
Another Season: A Coach's Story of Raising an Exceptional Son	Gene Stallings	1997	Personal Story- Book	Alabama football coach Gene Stallings's son was born with Down syndrome and a serious heart defect. With intimate glimpses of family life and thrilling football anecdotes, ANOTHER SEASON is brimming with poignant lessons about defying the odds and finding joy in every moment.
Bebe			Personal Story- Book	
Bloom- Finding Beauty in the Unexpected	Kelle Hampton	2013	Personal Story- Book	Memoir where author recounts the unforgettable story of the first year in the life of her daughter Nella, who has Down syndrome. Bloom is ultimately about embracing life and really living it.
Peekaboo Magazine	Brian Herndon (Nate's dad)	2020	Personal Story- Magazine	<a href="https://peekaboonwa.com/down-syndrome-connection-nwa-meet-nate/">https://peekaboonwa.com/down-syndrome-connection-nwa-meet-nate/</a>
Peekaboo Magazine	Angie McGrew (Brook's mom)	2016	Personal Story- Magazine	<a href="https://peekaboonwa.com/meet-brooks/">https://peekaboonwa.com/meet-brooks/</a>
Peekaboo Magazine	Angie McGrew (Brook's mom)	2016	Personal Story- Magazine	<a href="https://peekaboonwa.com/brooks-update/">https://peekaboonwa.com/brooks-update/</a>
Peekaboo Magazine	Danielle Pezely (Bradley's mom)	2019	Personal Story- Magazine	<a href="https://peekaboonwa.com/bradley-and-dscnwa/">https://peekaboonwa.com/bradley-and-dscnwa/</a>